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Department of Labor and Industries  
PO Box 44322  
Olympia WA

## Reducing Your Practice Headaches:



### Tips for Doctors Treating Patients with Industrial Conditions

**Saturday, September 18, 2004**  
**8:00a.m. – 5:30 p.m.**



AMERICAN COLLEGE OF  
OCCUPATIONAL AND  
ENVIRONMENTAL MEDICINE

**Location:**  
Department of Labor and Industries  
Tukwila Service Location  
12806 Gateway Drive  
Seattle, WA 98168-1050  
(206) 835-1000

ACOEM and the Washington State  
Department of Labor and Industries  
jointly sponsor this course.

### Overview

This course was developed through the collaborative efforts of physicians and the Department of Labor and Industries in response to doctors' requests for assistance in handling workers' compensation claims and industrial conditions.

Participants will receive fundamental and complex clinical information that will immediately simplify daily care situations and improve patient management success. All doctors, no matter how long they have been in practice, can learn how to:

- Prevent workers' long term disability and
- Reduce their administrative burden by understanding and applying basic workers' compensation rules when working with claims managers, employers and vocational rehabilitation counselors.

### Course Objectives

Participants will learn to:

- Assess causality of the industrial injury or illness;
- Develop appropriate treatment plans that prevent disability by obtaining modified work, job modifications, etc. to assist patients in remaining employed during recovery;
- Identify early on and manage complicated care patients who may develop chronic pain or other clinically challenging behaviors and problems or long term disability;
- Evaluate and rate impairment;
- Find the resources available to assist clinicians, e.g., consultations, vocational rehabilitation counselors, and check lists for claim closure;
- Use the most effective ways to communicate with insurers, e.g., through reports (accident and other reports) and by phone;
- Resolve conflicts of opinion with the State Fund and Self-Insured employers;
- Get paid for their work without having to re-bill.

### Faculty

**Tim Gilmore, MD**, Medical Director, Occupational Health Services, Group Health Cooperative, Seattle, WA

**Hal Stockbridge, MD, MPH**, Course Director, Associate Medical Director, Department of Labor and Industries (L&I)

**Mark Sutton, DC**, Private Practice; Approved Examiner, Tumwater, WA

**Dave Thready, JD**, Adjudicative Law Judge, Board of Industrial Insurance Appeals, Olympia WA

**Les White, DC**, Private Practice; Internal Consultant to L&I; Approved Examiner; Approved Chiropractic Consultant, Seattle, WA

**Rich Wilson, CRC**, Supervisor of Private Sector Rehabilitation Services, L&I, Tumwater, WA

### Planning Committee

**Joanne McDaniel, MA**, Provider Education Manager, L&I, Tumwater, WA

**Hal Stockbridge, MD, MPH**, Course Director, Department of L&I

**Les White, DC**, Private Practice; Internal Consultant to the L&I

### Program Accreditation:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the Joint Sponsorship of the American College of Occupational and Environmental Medicine and Department of Labor and Industries. The American College of Occupational and Environmental Medicine is accredited by the ACCME to provide continuing medical education for physicians.

ACOEM designates this educational activity for a maximum of 8.0 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

**NOTE: All MDs, DOs, DCs, and ARNPs are encouraged to enroll.**

**All chiropractors who plan to apply for the Chiropractic Consultant Program during fall 2004, must have attended this course.**